

Preparing for Trail Trekkers Camp

What to Bring:

- Backpack
- Reusable water bottle
- Rain jacket or poncho
- Sturdy shoes & lightweight clothing - camp is an active place, so campers may get dirty and wet! Campers should be dressed for comfort and safety.
- Hat and/or sunglasses

What NOT to Bring:

We ask that campers refrain from bringing the following things with them to camp:

- Cell phones
- Pocket Knives
- Valuables
- Electronic games/iPods

Note to Parents:

Weather conditions may vary, so make sure your child is prepared with rain gear. Please thoroughly coat your child with sunscreen each day prior to dropping them off for camp! Remember the activities may include water play and running/movement games so choose appropriate clothing.

Drop-off and Pick-up Information

Drop-off and pick-up will take place at Indian Creek Nature Center, located at **5300 Otis Road SE, Cedar Rapids, IA 52403**. Drop off begins at 8:45 am. Pick up time is from 12:00-12:15 PM. *Please be on time!* Camp starts at 9 AM.

Campers need to be signed in and signed out by an adult each day. If for any reason you plan to send your child home with someone other than the person who drops them off in the morning, you must let our staff members know at the time your child is dropped off or on the camp forms submitted. For their safety, **your child will not be allowed to leave with an unauthorized person**. Please review this information with your child, and plan accordingly.

In Case of Emergency

In the case of an emergency where you need to reach your child, please call ICNC during office hours at 319-362-0664.