



Honey Fest Sweet Trail Run Liability and Photo Release

I know that running a trail or volunteering for a trail run is a potentially hazardous activity, which could cause injury or death. I, or my child, will not enter and participate unless I am medically able and properly trained. By my signature, I certify that I am medically able to perform this event, am in good health, and I am properly trained. I agree to abide by any decision of a run official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic and the conditions of the road and trails, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race. I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Honey Fest Sweet Trail Run, the Indian Creek Nature Center, the city of Cedar Rapids, Linn County and its employees, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, for any reason, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Print name: _____

Signature: _____

Date: _____

Parent's Signature if under 18 years: _____

Date: _____